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UFO alien's mummy found in mountains

Dry Arizona heat preserved 2-ft body

by BILL NORMAN

A SPACE ALIEN'S mummy has been found deep inside the mysterious Superstition Mountains in Arizona.

The 2-foot-tall figure, with eyes, nose, mouth, arms, legs and a rib cage, was found near the site where a UFO was spotted and photographed in 1982.

Died

"We clearly have here the corpse of a being from outer space," insists Darrell Plover, a top researcher in the field of extraterrestrial life. "The being clearly had adapted to function in a way similar to

humans, and possibly died as a result of the harsh desert environment.

"We have removed the body to a top-secret laboratory established solely for the purpose of examining it, and are performing chemical analyses to determine its origin and possible age," Plover, on sabbatical from a British university, notes.

The body was found by two Arizona men hunting for the Lost Dutchman treasure, which is believed

to be buried in the Superstition Mountains.

"We were following a wash, and rounded a corner, and there it was nestled up against a prickly pear cactus," says Ralph Leccere.

"We didn't expect to find the Lost Dutchman's treasure, but we sure didn't expect to find E.T. either," adds Ralph, a science teacher at a southern Arizona high school.

The two men took bearings in order to be able to find the spot again, and returned to civilization to re-

port the find. Local officials refused to believe the men had found an alien being, so they returned to the site where they photographed the body as it lay in the rough desert sand, then rolled it in blankets and packed it back to their car.

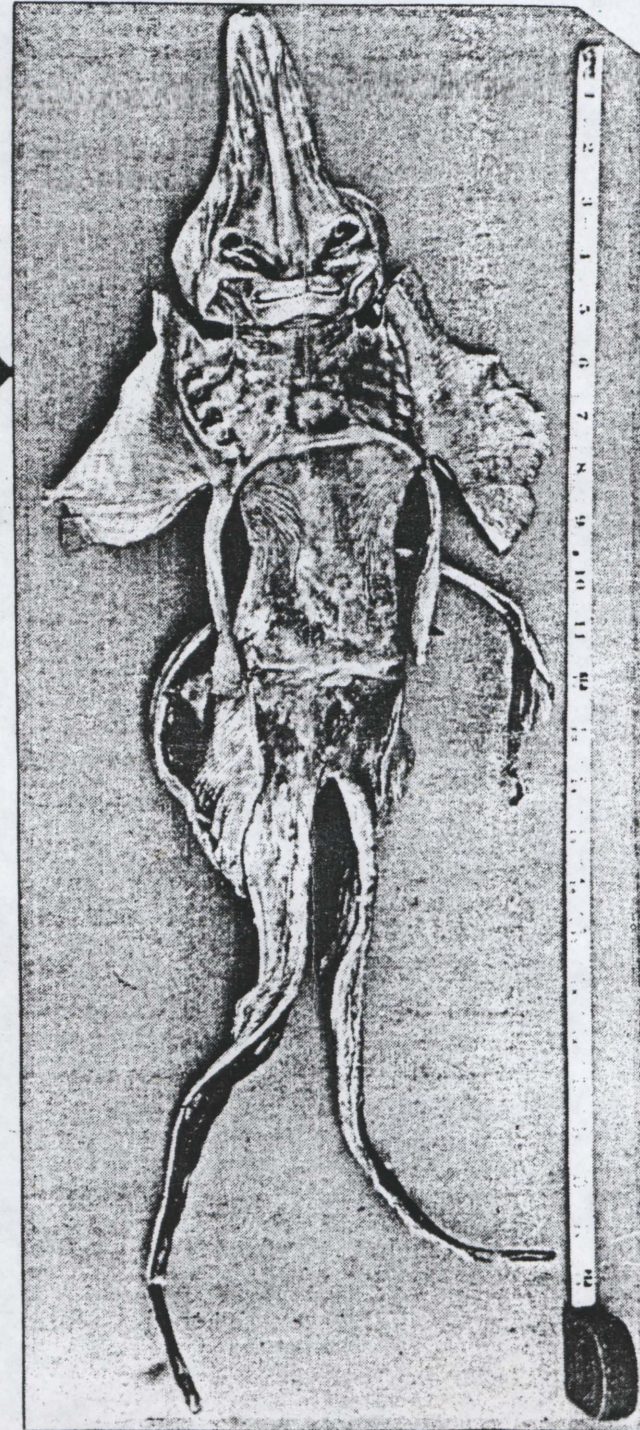
"It was light as a feather," Ralph recalls. "The little guy wasn't very big to begin with, and then the desert heat had sucked out whatever moisture was left. He was mummified out there."

Laughed

After being laughed at by several organizations in the U.S., the teacher and his friend Paul Mullins, a horticulturist, contacted Plover in England, who flew over on the next flight to investigate the startling find.

Plover had studied the reported UFO landing in the Superstitions, and agrees the dead being may have been planning to reunite with his vehicle at that time.

He did not count on the dry desert heat, and searing winds, and possibly became dehydrated and died before reaching the space vehicle, says Plover.



• STRANGE MUMMIFIED corpse of an alleged space alien was found near

Walking improves older folks' memories

POLISH UP YOUR walking shoes to improve your memory and mental alertness as well as stay fit.

"What's good for the heart is good for the head," says Dr. Robert Dustman at the University of Utah in Salt Lake City.

A brisk walk three times a week does wonders for memory, reaction time and mental flexibility, according to the results of one research study.

Apparently increased

oxygen capacity from aerobic exercise can retard a decline and even reverse normal mental declines that come with age, say researchers.

In Dustman's first study, 43 sedentary men and women ages 55 to 70 were split into groups.

Inactive

One group remained inactive, a second group took brisk 50-minute walks three times a week and

In mental testing before and after the four-month period, the walkers showed big improvements in memory, reaction time and mental flexibility. The stretchers enjoyed modest improvements.

A second study compared "superfit" to sedentary men in two age groups, one elderly and one in their 20s.

The fit groups were mentally superior. The differ-